

*B-IPQ regression models*

Effect	R <sup>2</sup>	AR <sup>2</sup>	B	SE	95% CI for B		β	P
					LL	UL		
Planning	.118	.112**						
Treatment control			.208	.062	.085	.330	.307	.001**
Emotional Representation			.066	.055	-.043	.175	.109	.232
Denial	.184	.145**						
Consequences			.015	.097	-.178	.208	.021	.880
Timeline			.130	.052	.026	.234	.231	.015*
Personal control			-.046	.073	-.191	.100	-.069	.534
Identity			.067	.074	-.080	.214	.104	.368
Coherence			-.153	.054	-.261	-.045	-.264	.006**
Use of emotional support	.208	.186***						
Coherence			.177	.061	.056	.298	.250	.005**
Treatment control			.204	.066	.073	.336	.269	.003**
Emotional representation			.136	.059	.020	.253	.202	.022*
Use of instrumental support	.200	.170***						
Coherence			.135	.056	.023	.246	.209	.019*
Treatment control			.208	.061	.087	.329	.302	.001**
Identity			.104	.067	-.028	.236	.146	.120
Emotional representation			.054	.058	-.061	.168	.088	.356
Behavioural disengagement	.077	.051*						
Consequences			.130	.102.	-.073	.333	.151	.206
Timeline			.110	.066	-.020	.240	.164	.096
Personal control			-.033	.092	-.215	.149	-.041	.772
Venting	.096	.080**						
Timeline			-.127	.050	-.226	-.028	-.239	.013*
Personal control			.094	.059	-.022	.211	.151	.112
Problem focussed coping	.151	.128***						
Timeline			-.112	.056	-.223	-.001	-.188	.047*
Personal control			.185	.064	.059	.312	.256	.005**
Treatment control			.062	.060	-.057	.182	.095	.303

Self-blame	.186	.147**						
Consequences			.258	.081	.096	.419	.420	.002**
Personal control			-.013	.064	-.139	.113	-.203	.840
Identity			.006	.063	-.119	.131	.011	.924
Concern			-.068	.057	-.182	.046	-.144	.238
Emotional representation			.061	.052	-.042	.163	.129	.243
Psychological openness	.114	.098**						
Consequences			-.167	.169	-.501	.167	-.093	.324
Coherence			.434	.136	.165	.702	.299	.002**
Help-seeking propensity	.237	.083**						
Timeline			.183	0.160	-.501	.135	-.099	.257
Treatment control			.696	.179	.342	1.049	.342	.000***
Coherence			.510	.162	.190	.830	.268	.002**
Indifference to stigma	.233	.189***						
Consequences			-.222	.352	-.920	.476	-.084	.530
Personal control			-.156	.270	-.692	.380	-.064	.566
Identity			-.295	.268	-.826	.236	-.125	.273
Concern			-.184	.242	-.664	.296	-.090	.450
Coherence			.793	.193	.410	1.175	.372	.000***
Emotional representation			-.155	.218	-.586	.277	-.076	.478

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\*p<.05, \*\*p<.01, \*\*\*p<.001